



Community Coalition for Teens  
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## *Sex Education Resource List*

### **Books:**

**\*\*Abstinence: pick and choose activities for grades 7-12.** M. Young. ETR Associates, 1994.

**\*\*Changing bodies, changing lives: a book for teens on sex and relationships.** R. Bell. Three Rivers Press, 1998.

*Doing it right: making smart, safe and satisfying choices about sex.* B. Pardes. Simon Pulse, 2007.

*\*Filling the gaps: hard to teach topics in sexuality education.* SIECUS, 1998.

*From diapers to dating: a parent's guide to raising sexually healthy children.* D. Haffner. Newmarket Press, 2004.

**\*\*It's perfectly normal: a book about changing bodies, growing up, sex, and sexual health.** R.H. Harris. Candlewick Press, 1994.

**\*\*The librarian's guide to sex education resources: audiovisual, print, and web-based materials for youth, parents, and youth-serving professionals.** J. Ratner. Advocates for Youth, 2006.

**\*\*Science and success: sex education and other programs that work to prevent teen pregnancy, HIV & sexually transmitted infections.** Advocates for Youth, 2003.

**\*Sex education activities.** P.R. Toner. Center for Applied Research in Education, 1993.

**\*The sexuality education challenge: promoting healthy sexuality in young people.** J.C. Drolet. ETR Associates, 1994.

**\*\*Talk about sex: the battles over sex education in the United States.** J.M. Irvine. Univ. of California Press, 2002.

*When sex goes to school: warring views on sex - and sex education - since the sixties.*  
K. Luker. Norton, 2007.

*\*\*You don't have to do it!: a discussion program for healthy decision-making.*  
Massachusetts Dept. of Public Health.

### **Curriculum:**

*\*\*Our whole lives: sexuality education for grades 4-6.* E.M. Casparian. Unitarian Universalist Society, 2000.

*\*\*Our whole lives: sexuality education for grades 7-9.* P.M. Wilson. Unitarian Universalist Society, 1999.

*\*\*Our whole lives: sexuality education for grades 10-12.* E.S. Goldfarb. Unitarian Universalist Society. 2000.

*\*Reducing the risk: building skills to prevent pregnancy, STD, & HIV.* ETR Associates, 1996.

*\*Safer choices: peer leader training guide: preventing HIV, other STD and pregnancy.*  
ETR Associates, 1998.

*\*\*TLC: talk, listen care kit: the parent's kit that makes it easier to talk with your kids about sex.* Harvard Community Health Foundation, 1993. (also available in Spanish)

### **Media:**

*\*\*Abstinence.* InJoy Videos, 2003.

*\*\*Birth control.* InJoy Videos, 2003.

*\*Sexuality education for the 21<sup>st</sup> century.* SIECUS, 1995.

*\*\*Speaking of sex.* Live Wire, 1994.

*\*\*Teen sexuality in a culture of confusion.* Media Education Foundation, 1997.

*\*\*Teens and sex in Europe: a story of rights, respect & responsibility.* Advocates for Youth, 1999.

*What works: sexuality education.* Family Health Professionals, 1998.

## Web Sites:

[www.advocatesforyouth.org/sexeducation.htm](http://www.advocatesforyouth.org/sexeducation.htm) Advocates for Youth. Includes a wide range of information and free publications.

[www.cfoc.org/EducatorRes/](http://www.cfoc.org/EducatorRes/) Campaign for Our Children. Educator Resource Center. Includes programming ideas, fact sheets, and links to other online resources.

[www.cfoc.org/TeenGuide/](http://www.cfoc.org/TeenGuide/) Campaign for Our Children. Teen Guide. Youth site includes information on various aspects, FAQs, and links to other online resources.

[www.familiesaretalking.org](http://www.familiesaretalking.org) Families are Talking. Includes information for parents and for youth regarding all aspects of sex education, free publications, and links to other online resources. (also available in Spanish)

[www.plannedparenthood.org](http://www.plannedparenthood.org) Planned Parenthood Federation of America. Includes a variety of information for adults and youth.

[www.positive.org](http://www.positive.org) The Coalition for Positive Sexuality. Geared toward youth. Includes information on a variety of aspects related to sex education and links to resources.

[www.siecus.org](http://www.siecus.org) SIECUS (Sexuality Information and Education Council of the U.S.). Includes fact sheets, online publications, and links to other online resources.

[www.teenwire.com](http://www.teenwire.com). Planned Parenthood Federation of America. Web site for teens with information and links to other resources.

## NOTE:

\*\* indicates the item is in the CCT Resource Library collection

\* indicates the item is in the Western Mass Healthy Communities Library

(Cooley Dickinson Hospital, Holyoke, 413-540-0600, [www.rchcweblibrary.org](http://www.rchcweblibrary.org) )

Other items can be borrowed through your local public library's ILL (Inter-Library Loan) or purchased online from Amazon.