



Community Coalition for Teens
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Smoking Prevention Resource List

Books:

Clearing the haze: a teen's guide to smoking-related health issues. J.Esherick.
Mason Crest Publ., 2005.

***Clearing the smoke: a guide to developing effective tobacco education materials.*
D.H. Dean. Massachusetts Tobacco Education Clearinghouse, 1994.

Combating teen smoking: research and policy strategies. P. D. Jacobson. Univ. of
Michigan Press., 2001.

**Developing school-based tobacco use prevention and cessation programs.* S. Sussman.
Sage, 1995.

**Generation risk: how to protect your teenager from smoking and other dangerous
behavior.* C. Newton. M. Evans & Co., 2001.

Keep your kids tobacco free: a guide for parents of children ages 3 through 19.
R. Schwebel. Newmarket Press, 2001.

Preventing youth access to tobacco. L.A. Jason. Haworth Press, 2003.

**Project TNT: towards no tobacco use.* ETR Associates, 1998.

**School programs to prevent smoking: the National Cancer Institute guide to strategies
that succeed.* T.J. Glynn. U.S. Dept. of Health & Human Services, 1994.

**The tobacco-free sports playbook: pitching healthy lifestyles to youth, teams, and
communities.* U.S. Dept. of Health & Human Services, 2001.

***What schools should do to help kids stop smoking.* W.L. Fibkins. Eye on Education,
2000.

****A workbook for developing tobacco-free school policy.** Tobacco-Free Hampshire County Coalition, 1999.

****You and me tobacco free: children's activities in tobacco awareness.** J.K. Scheer. ETR, 1990.

Curriculum:

***Freedom from smoking for teens.** American Lung Association, 1987.

***Helping teens stop using tobacco: a step-by-step tobacco cessation program, grades 7-12. Facilitator's guide.** W.K. Pendell. Community Intervention, 1996.

***Media sharp: analyzing tobacco and alcohol messages: leader's guide.** Office on Smoking & Health, 1999.

***Not on tobacco: the premier teen smoking cessation program.** American Lung Association, 2000.

****Parenting for smoking prevention: a presentation kit.** Channing Bete, 2001.

****SmokeScreeners: an educational program to take the glamour out of smoking in the movies.** Mass. Dept. of Public Health, 1998.

****Tobacco action curriculum.** Project 4-H Health, Univ. of California, 1991.

****Up in smoke: the extreme dangers of smoking tobacco.** Human Relations Media, 1996.

****What's wrong with tobacco?: teacher's resource book.** Human Relations Media, 1994.

Media:

****Dangerous game.** National Cancer Institute, 1995.

****Diary of a teenage smoker.** East-West Media, 1991.

****The dirt on dip.** Mass. Dept. of Health, 1996.

****MTV talks tobacco.** U.S. Dept. of Health & Human Services, 1993.

****Pack of lies: the advertising of tobacco.** Media Education Foundation, 2002.

Smoking out the truth: teens and tobacco. Lawrenceville, NJ: Cambridge Educational, 2006.

**Smoking: the truth unfiltered.* Castle Works, 1998.

***A talk with your kids about smoking.* P. Reynolds. Notobacco.org. 2005.

**Too smart to start: too cool to smoke.* American Heart Assoc., 1995.

**Why: the psychological triggers of tobacco.* Human Relations Media, 1998

Web Sites:

www.cdc.gov/tobacco/youth/ Centers for Disease Control site has changing information, including fact sheets, surveys, a section on tobacco-free sports initiatives and other resources.

www.getoutraged.com/ Mass. Dept. of Public Health. Includes facts and statistics about smoking, resource links, news, and public service ads (video).

www.keepkidsfromsmoking.com/ Includes information for youth and for parents plus links to other online resources.

www.monitoringthefuture.org/ Monitoring the future: a continuing study of American youth. Includes extensive statistical information on the use of tobacco by youth.

<http://www.notobacco.org/> is geared toward youth with a variety of resource links.

<http://www.tobaccofreekids.org/> Tobacco-Free Kids. Includes a "Research & Facts" link that has fact sheets, special reports links, and other electronic resources.

NOTE:

** indicates the item is in the CCT Resource Library collection

* indicates the item is in the Western Mass Healthy Communities Library

(Cooley Dickinson Hospital, Holyoke, 413-540-0600, www.rchcweblibrary.org)

Other materials may be borrowed from your local public library through ILL (Inter-Library Loan) or purchased online at Amazon.