



Community Coalition for Teens  
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## *Substance Abuse Prevention Resource List*

### **Books:**

**\*\*Addiction-proof your child: a realistic approach to preventing drug, alcohol, and other dependencies.** S. Peele. Three Rivers Press, 2007.

**\*Adolescents, alcohol and substance abuse: reaching teens through brief interventions.** P.M. Monti. Guilford Press, 2001.

**\*Applying effective strategies: for school violence and substance abuse prevention.** K. Dash. Education Development Center, 2003.

**\*\*Building drug-free communities: a planning guide.** Community Anti-Drug Coalitions of America, 2001.

**\*Casastart field guide: a proven youth development strategy that prevents substance abuse and builds communities.** National Center on Addiction and Substance Abuse, Columbia University, 2001.

**\*Community readiness for drug abuse prevention: issues, tips, and tools.** U.S. Dept. of Health & Human Services, 1997.

**Helping students overcome substance abuse: effective practices for prevention and intervention.** L.S. Hawken. Guilford Press, 2007.

**\*\*Mentoring: giving kids a model to stay drug-free.** Community Anti-Drug Coalitions of America, 1999.

**Monitoring and evaluating youth substance abuse programmes.** United Nations Publications, 2006.

**\*\*Preventing drug use among children and adolescents: a research-based guide for parents, educators, and community leaders.** U.S. Dept. of Health & Human Services, 2003.

*Preventing youth substance abuse: science-based programs for children and adolescents.* P. Tolan. American Psychological Association, 2006.

*\*Science-based practices in substance abuse prevention: a guide.* S. Gardner. CDM Group, 1998.

*\*\*The social norms approach to preventing school and college age substance abuse: a handbook for educators, counselors, and clinicians.* H.W. Perkins. Jossey-Bass, 2003.

### **Curriculum:**

*\*Across ages: an intergenerational approach to drug prevention: program development manual.* Temple Univ., 1998.

*\*\*All Stars core.* W.B. Hansen. Tanglewood Research, 2003.

*\*\*Guiding good choices: a program for parents of children ages 9-14.* Channing Bete, 2002.

*\*LifeSkills training: promoting health and personal development.* G.J. Botvin. Princeton Health Press, 2000.

*\*\*Project towards no drug abuse: youth substance abuse programs archive.* Univ. of California/Sociometrics, 2001-2002.

*\*\*Protecting oneself and others: tobacco, alcohol, and other drugs.* Education Development Center, 1991.

*\*\*SMART Moves: skills, mastery and resistance training.* Pennsylvania State Univ., 1998.

*\*\*SMART Recovery facilitator's manual.* SMART Recovery, 1996.

*\*\*Too smart to start: community action kit for prevention professionals and volunteers.* U.S. Dept. of Health & Human Services, 2003.

### **Media:**

*\*\*Catching them early.* Films for the Humanities & Sciences, 2003.

*\*\*Keeping kids drug free: effective prevention programs.* Community Anti-Drug Coalitions of America, 1999.

**\*\*Prevention ABCs (7 vols).** Tanglewood Research, 2006.

**\*\*Talk with your kids about drugs.** Community Anti-Drug Coalitions of America, 1999.

**\*\*The truth about teen alcohol use 101.** Discover Films, 2002.

**Web Sites:**

[www.cadca.org](http://www.cadca.org) Community Anti-Drug Coalitions of America. Includes a variety of information and links to other resources.

[www.jointogether.org](http://www.jointogether.org) Join Together. Information for teachers and parents, including free download resources.

<http://ncadi.samhsa.gov> National Clearinghouse on Alcohol and Drug Information. Includes fact sheets and publications.

[www.niaaa.nih.gov](http://www.niaaa.nih.gov) National Institute of Health on Alcohol Abuse and Alcoholism. Includes statistics, fact sheets, and other resources.

[www2.potsdam.edu/hansondj/index.html](http://www2.potsdam.edu/hansondj/index.html) SUNY/Potsdam. Alcohol: Problems & Solutions. Includes a variety of information and resource links.

[www.stopalcoholabuse.gov](http://www.stopalcoholabuse.gov) Includes a variety of information and free resources for teachers, parents, and youth.

[www.surgeongeneral.gov/](http://www.surgeongeneral.gov/) Surgeon General's call to action to prevent and reduce underage drinking. Full report available online.

[www.theantidrug.com](http://www.theantidrug.com) Parents: The Anti-Drug. Includes a variety of information and free resources.

[http://www.unodc.org/youthnet/youthnet\\_youth\\_drugs.html](http://www.unodc.org/youthnet/youthnet_youth_drugs.html) United Nations Office on Drugs and Crime. Global Youth Network. Includes information and resources for youth.

**NOTE:**

**\*\*** indicates the item is in the CCT Resource Library collection

**\*** indicates the item is in the Western Mass Healthy Communities Library

(Cooley Dickinson Hospital, Holyoke, 413-540-0600, [www.rchcweblibrary.org](http://www.rchcweblibrary.org) )

Other items can be borrowed through your local public library's ILL (Inter-Library Loan) or purchased online from Amazon.